

Our Packages

3 sessions	\$400
<i>Save \$50! (recommended)</i>	
2 sessions	\$290
<i>Save \$10!</i>	
1 session	\$150
Annual Package	\$1220
<i>(3 sessions 4X/yr)</i>	
<i>Save \$380!</i>	

Recommended Supplements

Ultra 10-Day Liver Detox

Ask us how to save 15% off retail price!

Probiotic 50B

Ask us how to save 15% off retail price!

Save **15%** off all Pure Encapsulation supplements by scanning the QR code.



Colonics & The Immune System

"It has been reported that anywhere between 70-80% of our immune system is housed within our gut. Just as we focus on what is going into our body, as far as nutrition, we also need to pay close attention to what is coming out. Immune health is key for overall health and well-being."

Michael J Coyle, DO, FACOOG,
FPMRS



Visit Us!

☎ 850-983-3528 ex. 111

📍 9295 Scenic Hwy, Pensacola,
FL 32514

Colon Hydrotherapy



A gentle, effective way to detox and support whole-body wellness.



What is Colon Hydrotherapy?

Colon hydrotherapy is a gentle, safe method of cleansing the colon using warm, purified water. It helps remove waste buildup, supports digestion, rehydrates the colon, and promotes overall wellness.

How to Prepare for a Treatment

1. Drink lemon water
2. Lower starchy carb intake
3. Focus on lean meats
4. Avoid grains
5. Avoid pasteurized dairy
6. Avoid carbonated drinks
7. No food or drink 2 hrs prior

The Benefits of Colonics

- ✓ Enhance hydration & regularity
- ✓ Remove waste buildup
- ✓ Improve energy levels
- ✓ Support liver detoxification
- ✓ Strengthen mental clarity
- ✓ Boost immune system
- ✓ Prepare body for colonoscopy

How Many Sessions Are Needed?

This will depend on your personal wellness goals. Just as some people exercise daily, some have a cleansing, toning and rebuilding regimen for their gut. Colonics can be used as part of any maintenance program.

Possible Contraindications

If you have any of the following, please consult your physician before receiving treatment:

- Acute abdominal pain
- Colon, rectum or GI cancer
- Recent history of rectal or GI bleeding
- Uncontrolled hypertension
- History of seizures
- Intestinal perforation
- Recent abdominal, colon or rectal surgery
- Abdominal hernia
- Diverticulitis or colitis
- Recent heart attack
- Rectal tumors, fissure/fistula
- Severe hemorrhoids
- Pregnancy
- Cirrhosis
- Renal insufficiency
- Epilepsy
- Acute Crohn's disease
- General debilitation

*These statements have not been verified by the FDA.